

## **Birth Justice Toolkit**

***Every voice counts. Every person can make a difference. Below are advocacy efforts that you can get involved in to advance maternal health and birth justice, and resources to learn more about the maternal health crisis in this county as well as strategies to foster sustained health improvements for every mother and birthing person.***

### **Get Involved:**

Women's Diversity Network Health (WDN) Equity Task Force, Maternal Justice Coalition, and Perinatal Infant Community Health Collaborative

<https://www.womensdiversitynetwork.org/advocacy>

Birth Justice Warriors: Listening to Black Women's Stories, or Record a Video about your own experience: <https://birthjusticewarriors.com/listening-to-black-womens-stories/>

Find a training and become a Doula! <https://www.dona.org/become-a-doula/>

Sign the Petition/Letter of Support for Local Law to Establish a Nassau County Maternal Mortality and Morbidity Initiative Sign On:

[https://docs.google.com/forms/d/e/1FAIpQLSeBNT08z2BIOYkfUC88\\_jE4ehhKcza6JpDL1CLyDOUib2GhhQ/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeBNT08z2BIOYkfUC88_jE4ehhKcza6JpDL1CLyDOUib2GhhQ/viewform)

Learn more about the U.S. House of Representatives Black Maternal Health Caucus:

<https://www.congress.gov/bill/117th-congress/house-bill/959>

Learn more about H.R. 959 – Black Maternal Health Momnibus Act of 2021:

<https://blackmaternalhealthcaucus-underwood.house.gov/Momnibus>

Write to your local representative to urge them to support the Momnibus Act!

[https://action.momsrising.org/sign/BMHC\\_Momnibus](https://action.momsrising.org/sign/BMHC_Momnibus)

<https://www.change.org/p/urgent-action-on-women-s-reproductive-health-tell-congress-to-pass-the-momnibus-act-2021>

[https://act.prochoiceamerica.org/lly\\_kw3EWESIFJS3L9x9VQ2?ms=CK.NAR.FY21.FB.Momnibus.A01.BLKHISTORY.BO.18p.C01\\_T02\\_D02\\_P02](https://act.prochoiceamerica.org/lly_kw3EWESIFJS3L9x9VQ2?ms=CK.NAR.FY21.FB.Momnibus.A01.BLKHISTORY.BO.18p.C01_T02_D02_P02)

Sign our petition to support Georgia's Black M.A.M.A.S. (Meaningful Action for Maternal Advocacy and Safety)

<https://www.mobilize.us/mobilize/event/548996/>

Steps to leading a Maternal Mortality Review Committee:

<https://reviewtoaction.org/>

Help to fund an upcoming reproductive health documentary: <https://www.listentomedoc.com/>

National Organizations that Advocate for Birth Justice:

Physicians for Reproductive Health: <https://prh.org/>

The National Birth Equity Collaborative (NBEC): <https://birthequity.org/>

Black Mamas Matter Alliance (BMMA): <https://blackmamasmatter.org>

Sistersong: <https://www.sistersong.net/>

Black Women's Health Imperative: <https://bwhi.org/>

MomsRising: <https://www.momsrising.org/>

Every Mother Counts (International): <https://www.everymothercounts.org>

## Become Informed:

Strategies to Overcome Racism's Impact on Pregnancy Outcomes:

[https://s3.amazonaws.com/cdn.smfm.org/media/2315/Strategies to Overcome Racism Infographic.pdf](https://s3.amazonaws.com/cdn.smfm.org/media/2315/Strategies_to_Overcome_Racism_Infographic.pdf)

U.S. Commission on Civil Rights: Racial Disparities in Maternal Health 2021 Report:

<https://www.usccr.gov/files/2021/09-15-Racial-Disparities-in-Maternal-Health.pdf>

CDC Information and resources- Enhancing Reviews and Surveillance to Eliminate Maternal Mortality (ERASE MM)

<https://www.cdc.gov/reproductivehealth/maternal-mortality/erase-mm/index.html>

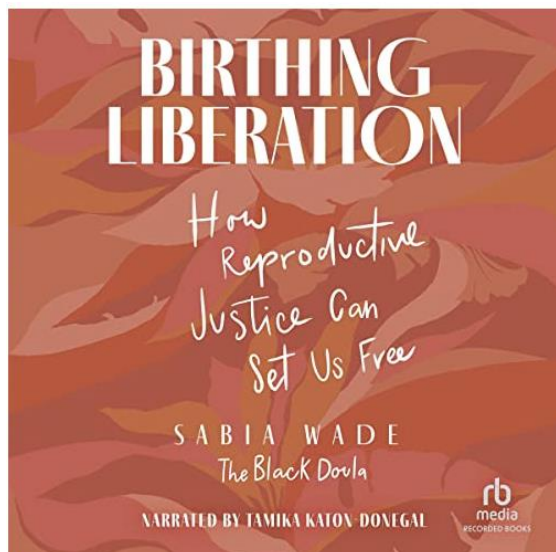
C. Green et al. (2021) *The Cycle to Respectful Care: A Qualitative Approach to the Creation of an Actionable Framework to Address Maternal Outcome Disparities*. International Journal of Environmental Research and Public Health. [The Cycle to Respectful Care: A Qualitative Approach to the Creation of an Actionable Framework to Address Maternal Outcome Disparities \(birthequity.org\)](https://www.birthequity.org/)

The Momversations Project Podcast: "They Told Me to Stop Calling: April Castillo on Maternal Mortality and Stillbirth"

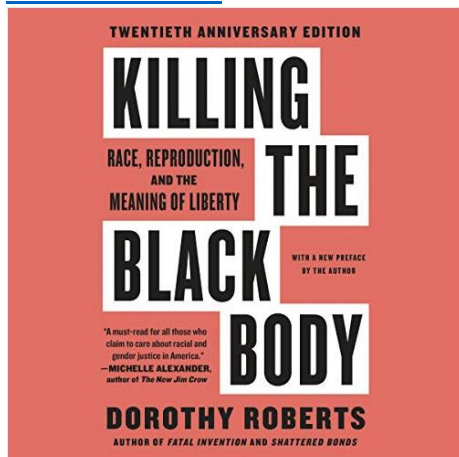
<https://podcasts.apple.com/us/podcast/they-told-me-to-stop-calling-april-castillo-on-maternal/id1614495615?i=1000558269093>

**Books to Read:**

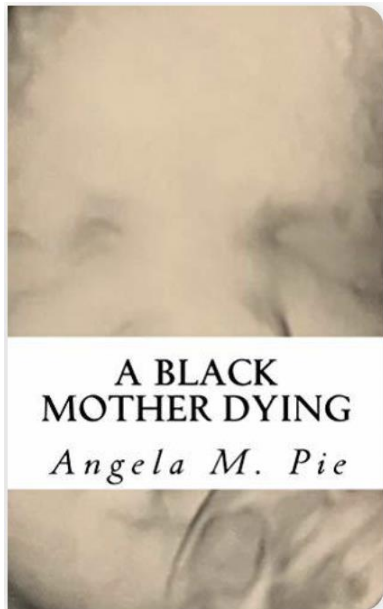
[https://www.amazon.com/Birthing-Liberation-Reproductive-Justice-Free/dp/B0BPB4MGN2/ref=sr\\_1\\_12?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&srprefix=%2Caps%2C57&sr=8-12](https://www.amazon.com/Birthing-Liberation-Reproductive-Justice-Free/dp/B0BPB4MGN2/ref=sr_1_12?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&srprefix=%2Caps%2C57&sr=8-12)



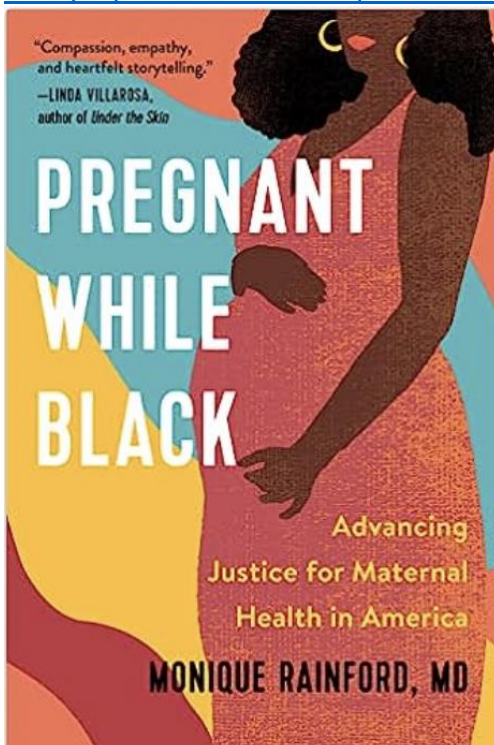
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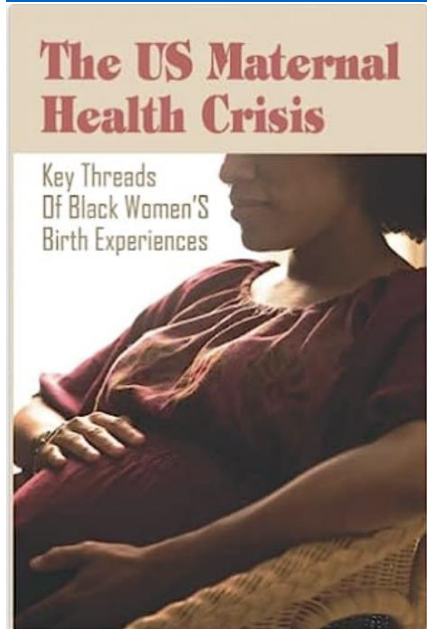
<https://www.goodreads.com/book/show/41754011-a-black-mother-dying>



[https://www.amazon.com/Pregnant-While-Black-Advancing-Maternal/dp/1506487610/ref=sr\\_1\\_6?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&sprefix=%2Caps%2C57&sr=8-6](https://www.amazon.com/Pregnant-While-Black-Advancing-Maternal/dp/1506487610/ref=sr_1_6?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&sprefix=%2Caps%2C57&sr=8-6)



[https://www.amazon.com/US-Maternal-Health-Crisis-Experiences/dp/B09MJRMGRF/ref=sr\\_1\\_9?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&srefix=%2Caps%2C57&sr=8-9](https://www.amazon.com/US-Maternal-Health-Crisis-Experiences/dp/B09MJRMGRF/ref=sr_1_9?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&srefix=%2Caps%2C57&sr=8-9)



[https://www.amazon.com/Babylost-Racism-Survival-Politics-Mortality/dp/1978825943/ref=sr\\_1\\_11?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&srefix=%2Caps%2C57&sr=8-11](https://www.amazon.com/Babylost-Racism-Survival-Politics-Mortality/dp/1978825943/ref=sr_1_11?crd=2W2ANU9TNPWCS&keywords=black+maternal+mortality&qid=1680795725&srefix=%2Caps%2C57&sr=8-11)

