

# LAUREN HALE

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## EDUCATION:

**Princeton University**, Princeton, NJ. Woodrow Wilson School of Public and International Affairs.  
Ph.D. in Public Affairs focusing in Population Studies. August 2003.  
M.A. in Public Affairs. June 2001.

**Harvard University**, Cambridge, MA. Harvard College.  
A.B. in Environmental Science and Public Policy, *Magna Cum Laude*. June 1998.

## POSITIONS:

**State University of New York, Stony Brook**, NY. Graduate Program in Public Health,  
Department of Preventive Medicine, School of Medicine.  
Associate Professor of Preventive Medicine. 2011-present  
Assistant Professor of Preventive Medicine. 2005-2011.  
Affiliated Faculty in the Program in Women's and Gender Studies. 2008-present.

**RAND Corporation**, Santa Monica, CA. Labor and Population Program.  
Post-doctoral fellow in Population Studies. 2003-2005.

## JOURNAL PUBLICATIONS:

1. **Hale, Lauren**, Terrence Hill, Elliot Friedman, Javier Nieto, Loren Galvao, Corinne Engelman, Kristen Malecki, Paul Peppard. 2012. "Perceived Neighborhood Quality, Sleep Quality and Health Status: Evidence from the Survey of the Health of Wisconsin." *Social Science and Medicine*. Epub August 7, 2012.
2. Grandner, Michael, **Lauren Hale**, Nicholas Jackson, Nirav Patel, Nalaka Gooneratne and Wendy Troxel. 2012. "Perceived Racial Discrimination as an Independent Predictor of Sleep Disturbance and Daytime Fatigue." *Behavioral Sleep Medicine*, 10(4): 235-239.
3. DaVanzo, Julie, **Lauren Hale**, and Mizanur Rahman. 2012. "How long after a miscarriage should women wait before becoming pregnant again? Multivariate analysis of cohort data from Matlab, Bangladesh." *British Medical Journal Open*. 2(4). pii: e001591
4. Parente, Victoria\*, **Lauren Hale**, and Tia Palermo. 2012. "Elevated Biomarkers of Chronic Stress Among a Diverse Group of Breast Cancer Survivors in the US: NHANES 1999-2008." Epub January 31, 2012. In press at *Psychooncology*.
5. Magee, Lorrie\*, and **Lauren Hale**. 2012. "Longitudinal associations between sleep duration and subsequent weight gain: A systematic review." *Sleep Medicine Reviews*. 16(3):231-41.
6. **Hale, Lauren**, Lawrence M. Berger. 2011 "Sleep Duration and Childhood Obesity: Moving from Research to Practice." *Sleep*. September 34(9): 1153-4.
7. Barajas, R. Gabriela\*, Anne Martin, Jeanne Brooks-Gunn, and **Lauren Hale**. 2011. "Mother-Child Bedsharing in Toddlerhood and Cognitive and Behavioral Outcomes." *Pediatrics*. 128(2):e339-47.
8. **Hale, Lauren**, Lawrence M. Berger, Monique LeBourgeois, Jeanne Brooks-Gunn. 2011. "A longitudinal study of preschoolers' language-based bedtime routines, sleep duration, and wellbeing." *Journal of Family Psychology*. 25(3): 423-33.
9. Martin, Anne, R. Gabriela Barajas\*, Jeanne Brooks-Gunn, and **Lauren Hale**. 2011. "Does the Receipt of Parenting Services Predict Parent-Controlled Sleep-Related Behaviors at Child Age 3?" *Behavioral*

*Sleep Medicine.* 9(4): 237-42.

10. Burdette, Amy, Terrence D. Hill, and **Lauren Hale**. 2011. "Household Disrepair and the Mental Health of Low-income Urban Women." *Journal of Urban Health.* 88(1):142-153.
11. **Hale, Lauren**, Terrence D. Hill, and Amy Burdette. 2010. "Does Sleep Quality Mediate the Relationship between Neighborhood Disorder and Self-rated Health?" *Preventive Medicine.* Sep-Oct; 51(3-4): 275-278.
12. **Hale, Lauren**, D. Phuong Do, and Maria Estela Rivero Fuentes. 2010. "What Do We Know About Mexican Immigration and Sleep? A Population-based Study and Future Research Directions." *Hispanic Health Care International.* 8(4) 199-208(10).
13. Meng, Hongdao, **Lauren Hale**, and Fred Friedberg. 2010. "Prevalence of Fatigue among Middle-Aged and Older Adults: Evidence from the Health and Retirement Study." *Journal of the American Geriatrics Society.* 58(10): 233-234
14. **Hale, Lauren**. 2010. "Sleep as a Mechanism through which Social Relationships Affect Health; Commentary on Troxel et al. Marital/Cohabitation status and history in relation to sleep in midlife women." *SLEEP.* July 1; 33(7):862-3.
15. **Hale, Lauren** and Benjamin Hale. 2010. "Treat the Source not the Symptoms: Why Thinking about Sleep Informs the Social Determinants of Health." Epub April 21, 2010. *Health Education Research.* June; 25(3): 395-400.
16. Parente, Victoria\* and **Lauren Hale**. 2010. "Health Disparities: The Rarely Cited Concern of the USPSTF Guidelines." Electronic Letter in response to "Cancer Screening in the United States, 2010: A Review of Current American Cancer Society Guidelines and Issues in Cancer Screening" by Smith et al., *CA Cancer Journal for Clinicians*, 2010; 60: 99-119.
17. **Hale, Lauren**. 2010. "Bedtimes and the Blues: Evidence in support of improved adolescent sleep; Commentary on 'Earlier parental set bedtimes as a protective factor against depression and suicidal ideation'," by Gangwisch et al. *SLEEP.* 33:17-18.
18. Magee, Lorrie\* and **Lauren Hale**. 2010. "RE: Cross-sectional and Longitudinal Associations Between Objectively Measured Sleep Duration and Body Mass Index: The CARDIA Sleep Study." *American Journal of Epidemiology.* Mar 15;171(6):745.
19. Grandner, Michael, **Lauren Hale**, Melissa Moore, and Nirav Patel. 2010. "Mortality Associated with Short Sleep Duration: The Evidence, the Possible Mechanisms, and the Future." *Sleep Medicine Reviews.* 14(3): 191-203.
20. Hale, Benjamin, and **Lauren Hale**. 2010. "Respecting Autonomy in Population Policy: An Argument for Comprehensive Family Planning Programs." *Public Health Ethics.* 3(2): 157-166.
21. **Hale, Lauren** and Maria Estela Rivero-Fuentes. 2009. "Negative Acculturation in Sleep Duration among Mexican Immigrants and Mexican Americans." Epub September 1, 2009. *In press at the Journal of Immigrant and Minority Health.*
22. Bird, Chloe E., Teresa Seeman, Jose J. Escarce, Ricardo Basurto-Davila, Brian Finch, Tamara Dubowitz, Melonie Heron, **Lauren Hale**, SS Merkin, Margaret Weden and Nicole Lurie. 2009. "Neighborhood Socioeconomic Status and Biological "Wear & Tear" in a Nationally Representative Sample of U.S. Adults." Epub September 16, 2009. *Journal of Epidemiology and Community Health.* 64(10): 860-5.
23. **Hale, Lauren**, Lawrence M. Berger, Monique LeBourgeois, and Jeanne Brooks-Gunn. 2009. "Social and Demographic Predictors of Preschoolers' Bedtime Routines." *Journal of Developmental and Behavioral Pediatrics.* October 30(5): 394-402.
24. Hale, Benjamin S. and **Lauren Hale**. 2009. "Is Justice Good for Your Sleep? (And Therefore, Good for Your Health?)" *Social Theory and Health.* 7:354-370.

25. Hill, Terrence, Amy Burdette, and **Lauren Hale**. 2009. "Neighborhood Disorder, Sleep Quality, and Psychological Distress." *Health and Place*. 15(4):1006-1013.
26. **Hale, Lauren**, D. Phuong Do, Ricardo Basurto-Davila, Melonie Heron, Brian K. Finch, Tamara Dubowitz, Nicole Lurie, and Chloe E. Bird. 2009. "Does Mental Health History Explain Gender Disparities in Insomnia Symptoms Among Young Adults?" *Sleep Medicine*. December 10(10): 1118-1123.
27. **Hale, Lauren**, Julie DaVanzo, Mizanur Rahman, and Abdur Razzaque. 2009. "Which Factors Explain the Reductions in Infant and Child Mortality in Matlab, Bangladesh?" *Journal of Population Research*. 26(1):3-20.
28. Dubowitz, Tamara, Melonie Heron, Chloe E. Bird, Nicole Lurie, Brian Karl Finch, Ricardo Basurto, **Lauren Hale**, and Jose J. Escarce. 2008. "Neighborhood Socioeconomic Status and Fruit and Vegetable Intake among Whites, Blacks, and Mexican-Americans in the United States." *American Journal of Clinical Nutrition*. 87(6): 1883-91.
29. DaVanzo, Julie, **Lauren Hale**, Abdur Razzaque, and Mizanur Rahman. 2008. "The Effects of Pregnancy Spacing on Infant and Child Mortality in Matlab, Bangladesh." *Population Studies*. 62(2): 131-154.
30. Sara Kalkhoran\* and **Lauren Hale**. 2008. "AIDS Education in an Islamic Nation: Content Analysis of Farsi-Language AIDS-Education Materials in Iran." *Promotion and Education (now Global Health Promotion)*. 15(3): 21-25.
31. **Hale, Lauren**, and D. Phuong Do. 2007. "Racial Differences in Self-Reports of Sleep Duration in a Population-Based Study." *Sleep*. 30(9):1096-1103.
32. Haney, Sean, Daniel Lee, Denise Sur, and **Lauren Hale**. 2007. "Patient Perception of Physician Position (4P Study): Does Physician Position Influence Patient Perception of Time?" *Proceedings of UCLA Health Care – Volume 11*.
33. DaVanzo, Julie, **Lauren Hale**, Abdur Razzaque, and Mizanur Rahman. 2007. "Effects of Interpregnancy Interval and the Outcome of the Preceding Pregnancy on Pregnancy Outcomes in Matlab, Bangladesh." *British Journal of Obstetrics and Gynecology*. September; 114:1079087. (Online July 6).
34. **Hale, Lauren** and D. Phuong Do. 2007. "RE: Objectively Measured Sleep Characteristics among Early-Middle-Aged Adults: The CARDIA Study." *American Journal of Epidemiology*. Jan 15;165(2):231-2. (Online November 2006)
35. **Hale, Lauren**, Julie DaVanzo, Abdur Razzaque, and Mizanur Rahman. 2006. "Why are Infant and Child Mortality Rates Lower in the MCH-FP Area of Matlab, Bangladesh? Are the Differences due to Differences in Reproductive Patterns?" *Studies in Family Planning*, Volume 37(4): 281-292.
36. Lee Mike Y, **Lauren Hale**, Daniel Lee, and Steve Deitelbaum. 2006. "Enhancing Interactions Between Family Medicine Residents In Training and Behavioral Scientists." *Family Medicine Digital Resources Library*.
37. Grant, Jonathan, Stijn Hoorens, Suja Sivadasan, Mirjam van het Loo, Julie DaVanzo, **Lauren Hale**, and William Butz. 2006. "Trends in European Fertility: Should Europe try to increase its fertility rate ... or just manage the consequences." *International Journal of Andrology*. 29:17-24.
38. Espenshade, Thomas J., **Lauren Hale**, and Chang Chung. 2005. "High School Academic Environment, Class Rank, and Elite College Admission." *Sociology of Education*. Volume 78(October): 269-293.
39. **Hale, Lauren**. 2005. "Who Has Time to Sleep?" *Journal of Public Health*. Volume 27(2): 205-211.
40. Razzaque, Abdur, Julie DaVanzo, Mizanur Rahman, **Lauren Hale**, K. Gausia, M.A. Khan, A.H.M.G. Mustafa. 2005. "Pregnancy Spacing and Maternal Morbidity in Bangladesh." *International Journal of Gynecology and Obstetrics*, 89 Supplement 1:S41-49.

\* Mentored Students

## BOOK CHAPTERS:

1. **Hale, Lauren**, Gwendolyn K. Phillips\*, and Victoria Parente.\* "The Social Determinants of Child and Adolescent Sleep." In *The Oxford Handbook of Infant, Child, and Adolescent Sleep: Development and Problems*, edited by Amy Wolfson and Hawley Montgomery-Downs. Oxford University Press. Forthcoming, 2012.
2. **Hale, Lauren**. "Epidemiology of Narcolepsy." 2009. Invited Chapter in *Narcolepsy: A Clinical Guide*. Edited by Michael J. Thorpy, Meeta Goswami, and S.R. Pandi-Perumal. Springer Science, Business Media, LLC, Humana Press.
3. **Hale, Lauren**. 2009. "Chapter 2: Phylogeny and Demography of Sleep: Demography of Sleep." 2<sup>nd</sup> Edition of the Sleep Research Society Basics of Sleep Guide. Invited chapter by the Sleep Research Society Board of Directors.
4. Hale, Benjamin and **Lauren Hale**. 2009. "Choosing to Sleep." In *The Philosophy of Public Health*. A. Dawson (Ed.). A publication of the Society of Applied Philosophy. Surrey, England: Ashgate.
5. **Hale, Lauren**. 2007. "Chapter 2: Epidemiology of Sleep." In *Primary Care Sleep Medicine* edited by S.R. Pandi-Perumal and James Pagel and endorsed by the American College of Chest Physicians. Humana Press.
6. Espenshade, Thomas E., **Lauren Hale**, and Chang Chung. 2007. "Chapter 22. The frog pond revisited: High school academic context, class rank, and elite college admission." In *Selected Readings of American Education Research*, edited by Yong Zhao. Shanghai: East China Normal University Press.
7. **Hale, Lauren**, Paul E. Peppard, and Terry Young. 2007. "Chapter 1: Does the demography of sleep contribute to health disparities?" pp 1-17. In *Sleep Disorders: Their Impact on Public Health*, edited by S.R. Pandi-Perumal and Damien Leger. Taylor and Francis, Informa Health Care, UK.
8. **Hale, Lauren**. 2000. "A Dynamic Simulation Model of Population Impacts on the Environment: A Fisheries Model." In *Population, Development & Environment on the Yucatán Peninsula: From Ancient Maya to 2030*. Wolfgang Lutz, Lionel Prieto, and Warren Sanderson, Eds. Laxenburg, Austria: IIASA, 257 pp.
9. **Hale, Lauren**. 2000. "A Freedom Uncommon: The Development and Consequences of Namibian Claim to its Exclusive Economic Zone." In *Population-Development-Environment in Namibia. Background Readings*. Ben Fuller and Isolde Prommer, Eds. Laxenburg, Austria: IIASA, 315 pp.

## OTHER ACADEMIC PROJECTS, REPORTS AND RESEARCH BRIEFS:

1. **Hale, Lauren**. Power point slides hour-long lecture for "Demography of Sleep" chapter of the 2<sup>nd</sup> Edition of the Sleep Research Society's Basics of Sleep Guide. At the invitation of the Sleep Research Society, 2011.
2. Grant, Jonathan, Stijn Hoorens, Suja Sivadasan, Mirjam van het Loo, Julie DaVanzo, **Lauren Hale**, and William Butz. 2005. *¿Implosión demográfica? La baja fecundidad y las medidas tomadas en la Unión Europea*. RAND Research Brief. RB-9126/1
3. Grant, Jonathan, Stijn Hoorens, Suja Sivadasan, Mirjam van het Loo, Julie DaVanzo, **Lauren Hale**, and William Butz. 2005. *Population Implosion? Low Fertility and Policy Responses in the European Union*. RAND Research Brief. RB-9126
4. **Hale, Lauren**, Benjamin Hale, and Jack Lynn. 2005. "Nathan Mantel." In *The Encyclopedia of Statistical Sciences 2*. Brani Vidakovic and Samuel Kotz Eds. New York: John Wiley & Sons.
5. **Hale, Lauren** and Benjamin Hale. 2004. "Nathan Mantel." In *The Encyclopedia of Biostatistics 2*. Peter Armitage and Theodore Colton, Eds. West Sussex: John Wiley & Sons Ltd.

6. DaVanzo, Julie, Mizanur Rahman, Abdur Razzaque, and **Lauren Hale**. 2004. "The Effects of Birth-spacing on Pregnancy Outcomes and Infant and Child Mortality, Maternal Mortality, and Maternal Morbidity in Matlab, Bangladesh." October. RAND WR-198-LP.
7. **Hale, Lauren**. 2004. "Life Experiences, Strength of Emotional Response, and Sex-specific Mortality Risk Zones." Office of Population Research Working Paper No. 2004-1. Princeton University.
8. Grant, Jonathan, Stijn Hoorens, Suja Sivadasen, Mirjam van het Loo, Julie DaVanzo, **Lauren Hale**, Shawna Gibson, and William Butz. 2003. *Low Fertility and Population Ageing: Causes, Consequences, and Policy Options*. RAND Europe and RAND Labor and Population Programme. 151 pp. MG-206-EC.
9. **Hale, Lauren**. 2003. *Healthy Aging: Physiological Correlates of Cumulative Psychosocial Experiences*. Doctoral Dissertation, Princeton University. Defended, August 18. Dissertation Committee: Burton Singer, Noreen Goldman, Carol Ryff.

## GRANTS, FELLOWSHIPS, AND AWARDS

- **NIDDK R21 DK089414 Hale (Multiple PI with Reither and Krueger) 8/1/2011-7-31/2013**  
**"Sleep, Obesity, and Health-Related Quality of Life of Adolescents."** Multiple PIs: Eric Reither (Utah State University) and **Lauren Hale** (Stony Brook University) and Patrick Krueger (University of Colorado, Denver). Consultant: Paul Peppard (University of Wisconsin, Madison). **Impact Score: 20.**
- **NIA R01 AG036838 Hale (Co-I – 18% for 5 years) 8/1/2010-7/31-2015**  
**"The REST Study: A Longitudinal Bidirectional Examination of Retirement and Sleep."**  
 Principal Investigator: Paul Peppard (University of Wisconsin-Madison). Co-Investigators: **Lauren Hale (Stony Brook University)**, Elliott Friedman (University of Wisconsin-Madison), Javier Nieto (University of Wisconsin-Madison), Mari Palta (University of Wisconsin-Madison), Robert Hauser (University of Wisconsin-Madison). Project Funding: \$2,752,080. Subcontract to Stony Brook (Hale PI): \$435,855.  
 Priority Score: **10** at **2<sup>nd</sup>** percentile.
- **NICHD R21HD060208 Hale (PI – 30% for 2 years) 9/1/2009-8/31/2011**  
**"Disadvantaged Children: Predictors & Outcomes of Sleep Behaviors."**  
 Principal Investigator: **Lauren Hale (Stony Brook University)**. Co-Investigators: Monique LeBourgeois (University of Colorado, Boulder), Jeanne Brooks-Gunn (Columbia University), Anne Martin (Columbia University), Lawrence Berger (University of Wisconsin-Madison). Project Funding: \$453,575.  
 Priority Score: **156** at **11.6** percentile.
- **Early Career Women Faculty Professional Development Conference. 7/11/2009-7/15/2009**  
 One of two women at the Stony Brook School of Medicine sponsored by the Office of Faculty Affairs to attend this AAMC conference.  
 Estimated Funding: \$2,500
- **UUP Professional Development Grant. Stony Brook University. 1/15/2009-1/24/2009**  
 Grant to partially support travel to Turkana Basin Institute in northern Kenya.  
 Estimated Funding: \$1,000
- **RAND/NICHD Fellowship in Population Studies. 8/1/2003-7/31/2005**  
 Joint post-doctoral fellowship from the National Institute for Child Health and Human Development (NICHD) and the RAND Corporation, Santa Monica, CA.
- **Robert Wood Johnson Foundation—Center for Health and Wellbeing 8/1/2002-7/31/2003 Pre-doctoral Fellowship.** Joint fellowship from the Robert Wood Johnson Foundation and Princeton University's Center for Health and Wellbeing.  
 Estimated Funding: \$17,000 + Princeton tuition
- **Wisconsin Symposium on Emotions Travel Award. University of Wisconsin. 2002, 2003**
- **Henry A. Murray Dissertation Grant. 2002**  
 Murray Research Center, Radcliffe Institute for Advanced Study, Harvard University.

Funding: \$2,000.

- **Radcliffe Institute for Advanced Study, Student Scholarship.** **2002**  
Funding to attend workshop, "Analyzing Longitudinal Trajectories Using AMOS and SAS PROC TRAJ."
- **Graduate School Summer Funding.** Princeton University. **Summer 2001; 2002**
- **Princeton University Fellowship.** Princeton University. **1998-2002**
- **Shield Award for service to Dunster House.** Harvard University. **1998**
- **Aurelio Peccei Award.** **1997**  
Award given for best research paper at the Young Summer Scientist Program. International Institute for Applied Systems Analysis (IIASA), Laxenburg, Austria.
- **Young Summer Scientist Program Fellowship** **1996**  
IIASA, Laxenburg, Austria. Funded by the Environmental Science and Public Policy Department, Harvard University. Summer 1996.

## **PRESENTATIONS AND CONFERENCES:**

1. "Sleep and Health Disparities: Follow-Up from the 2011 NHLBI Workshop" Discussion Group at the Annual Sleep Meetings. Co-presenting with Dr. Michael Grandner, Dr. Aaron Laposky, Dr. Kristen Knutson, Dr. Orfeu Buxton, Dr. Girardin Jean-Louis, Dr. Nancy Kressin, and Dr. Sanjay Patel. Boston, MA, June 2012.
2. "Does the Association between Sleep Duration and BMI in US Adolescents Vary by SES?" Poster Presentation at Annual Sleep Meetings, APSS 2012. Co-authored with Eric Reither, Patrick Krueger, and Paul Peppard. Boston, MA, June 2012.
3. "Does Fibrinogen Mediate the Relationship Between Long Sleep Duration and Coronary Heart Disease?" Poster presentation at the Annual Sleep Meetings, APSS 2012. Co-authored with Victoria Parente, Jennifer B. Dowd, Megan Sands, Jeffrey S. Berger, J.D. Curb, Yiqing Song, Lisa W. Martin, Matthew Allison. Boston, MA, June 2012.
4. "Self-reported Snoring and Cardiovascular Outcomes among Post-menopausal women: The Women's Health Initiative." Presentation at the Annual Sleep Meetings, APSS 2012. Co-authored with Megan Sands, Eric Loucks, Charles Eaton, Bing Lu, Mary Carskadon, Katherine Sharkey, Jennifer G. Robinson, Marcia Stefanick, Judith Ockene, Neomi Shah, Kristen Hairston, Marian Limacher. Boston, MA, June 2012.
5. "Bedtime-delaying Activities in Middle-aged and Older Adults." Poster presentation to the Annual Sleep Meetings, APSS 2012. Co-authored with Paul E. Peppard, Erika W. Hagen, Jodi H. Barnet, Lauren Hale, Nicole Salzieder, F. Javier Nieto. Boston, MA, June 2012.
6. "Severity of Stressfulness of Major Life Events and Insomnia Symptoms in Women and Men." Poster presentation at the Annual Sleep Meetings, APSS 2012. Co-authored with Erika W. Hagen, Elliot M. Friedman, Lauren E. Hale, Nicole Salzieder, and Paul E. Peppard. Boston, MA, June 2012.
7. "Association of Retirement Status and Insomnia Symptoms in the Wisconsin Sleep Cohort Study." Poster presentation at the Annual sleep Meetings, 2012. Coauthored with Christine M. Harden, Erika W. Hagen, Laurel A. Finn, Lauren Hale, and Paul E. Peppard. Boston, MA, June 2012.
8. "Do Associations between Sleep and Body Mass Vary by Race/Ethnicity, Gender, or Socioeconomic Status among US Adolescents? Poster presentation at the annual meetings of the Population Association of America. Co-authored with Eric Reither, Paul Peppard, and Patrick Krueger. San Francisco, CA. May 2012.
9. "The Effects of Pregnancy Spacing After a Miscarriage on Subsequent Pregnancy Outcomes: Evidence

- from Matlab, Bangladesh." Poster presentation at the annual meetings of the Population Association of America. Co-authored with Julie Davanzo, Mizanur Rahman, and Abdur Razzaque. San Francisco, CA, May 2012.
10. "Differences in Sleep Disorders/Sleep Traits and Shift Work Across the Population: Links to Chronic Diseases." Invited speaker as part of a 1-day symposium organized by Harvard Catalyst. "Sleep Health Disparities: Opportunities to Improve the Health of the Community." Harvard Medical School. Boston, MA, May 14, 2012.
  11. "Sleep Duration and Weight Gain among Infants, Children, and Adolescents." Invited speaker as part of a 2-day conferences entitled, "New Thoughts about Causes, Prevention, and Treatment of Childhood Obesity," organized by SUNY Conversation in the Disciplines and the Binghamton Biomedical Research Conference with additional funding from the New York Academy of Medicine. Binghamton, NY, April 27-28, 2012.
  12. Work-Life Balance Panel. Invited speaker on panel at a Career Advancement in a Research Environment Workshop at the Brookhaven National Lab, funded by a National Science Foundation grant and sponsored by George Washington University, Women in Science and Engineering at Stony Brook University, and Brookhaven Women in Science at Brookhaven National Laboratory. Upton, NY, April 16-17, 2012.
  13. "I'm Not aSLEEP... But that Doesn't Mean I'm Awake." Invited speaker at a NHLBI forum for Staff Training in Extramural Programs (STEP). Bethesda, MD. March 13, 2012.
  14. "Sleep Duration and Insomnia as Risk Factors for Coronary Heart Disease and Cardiovascular Disease among Postmenopausal Women: Findings from the Women's Health Initiative." Accepted for oral presentation to the American Heart Association's NPAM/EPI meeting. Coauthored with Megan Sands, Eric Loucks, Charles Eaton, Bing Lu, Mary Carskadon, Katherine Sharkey, Jennifer G. Robinson, Marcia Stefanick, Judith Ockene, Neomi Shah, Kristen Hairston, Marian Limacher. March, 13-16, San Diego, CA.
  15. "The Social Patterning of Sleep: Implications for Health Disparities." Invited lecture as part of the Public Health Lecture Series at New York University. New York City, NY, February 23, 2012.
  16. "Population Sleep: Social Disparities in Sleep." Invited talk in the School of Health Technology and Management, Stony Brook University, Stony Brook, NY. February 8, 2012.
  17. "Sleep and Neighborhood Context." Invited talk at NHLBI-sponsored workshop on Sleep and Social Disparities. Bethesda, MD, September 19, 2011.
  18. Invited Speaker at 2011 Annual Sleep Meetings APSS Post-graduate Training Course. Talk titled, "Demography of Sleep." Minneapolis, MN, June 11, 2011.
  19. "Social Disparities and Sleep among Children and Adolescents." Invited Lecture to the Department of Pediatrics Faculty and Trainees. Stony Brook University, Stony Brook, NY. June 8, 2011.
  20. "Perceived Racial Discrimination as an Independent Predictor of Sleep Disturbance and Daytime Fatigue." Co-authored with Michael Grandner, Nicholas Jackson, Nirav Patel, Nalaka Gooneratne, and Wendy Troxel. Poster presentation at the annual meetings of the Population Association of America, Washington D.C., March 31-April 2, 2011.
  21. "Household Disrepair and the Mental Health of Low-income Urban Women." Co-authored with Amy Burdette and Terrence D. Hill. Presentation at the 12<sup>th</sup> International Conference on Social Stress Research. Sheraton Harborside Hotel, Portsmouth, New Hampshire. November 13-15, 2010.
  22. "Social justice and sleep: policy implications of social disparities in sleep." Co-authoring with Benjamin Hale. Presented as a poster at the APHA meetings. Denver, Colorado, November 6-10, 2010.
  23. "Preschooler bedtime routines in a disadvantaged population: A longitudinal analysis of behavioral, cognitive, and health outcomes." Co-authoring with Lawrence M. Berger, Monique LeBourgeois, and

- Jeanne Brooks-Gunn. Presented as a poster at the APHA meetings. Denver, Colorado, November, 6-10, 2010.
24. "Social Disparities and Sleep." Lecture to Preventive Medicine Residents. Department of Preventive Medicine, Stony Brook University, Stony Brook, NY. September 10, 2010.
  25. "Preschooler bedtime routines in a disadvantaged population: A longitudinal analysis of behavioral, cognitive, and health outcomes." Co-authoring with Lawrence M. Berger, Monique LeBourgeois, and Jeanne Brooks-Gunn. Presented as an oral presentation to the SLEEP meetings. San Antonio, Texas, June 5-9, 2010.
  26. "Physical activity, sleep duration, and body weight in post-menopausal women: The Women's Health Initiative Study." Co-authoring with Stacy Sims, Mary Pettinger, C. Isasi, C. Thomson, and ML Stefanick. Presented as an oral presentation to the SLEEP meetings. San Antonio, Texas, June 5-9, 2010.
  27. "I don't want to wake if you are not here: Suboptimal Sleep among the Families of Mexican Migrants." Co-authoring with Maria Estela Rivero Fuentes. Accepted for Oral Presentation at the annual meetings of the Population Association of America. Dallas, TX: April 15-17, 2010.
  28. "Does sleep quality mediate the association between neighborhood disorder and self-rated physical health?" Co-authoring with Terrence Hill, and Amy M. Burdette. Accepted for Oral Presentation at the annual meetings of the Population Association of America. Dallas, TX: April 15-17, 2010.
  29. "Global Health: A Demographic Look at Infant and Child Mortality." First-Year Medical School Foundations Class – Global Health Symposium. Department of Preventive Medicine. Stony Brook School of Medicine. Stony Brook, NY: March 18, 2010.
  30. "Overview of my current research agenda, with a focus on my work on child adolescent sleep." Sleep, Health, and Society Network informal meeting. Brigham Woman's Hospital. Boston, MA. December 16, 2009.
  31. "Demographic, programmatic, and socioeconomic correlates of maternal mortality in Matlab, Bangladesh." Co-authoring with Mizanur Rahman, Julie DaVanzo, Abdur Razzaque, and Kapil Ahmed. Accepted for Oral Presentation at the annual meetings of the Population Association of America. Detroit, MI: April 30-May 2, 2009.
  32. "Neighborhood disorder, sleep quality, and psychological stress: A model of structural amplification." Co-authoring with Terrence Hill and Amy Burdette. Accepted for Oral Presentation at the annual meetings of the Population Association of America. Detroit, MI: April 30-May 2, 2009.
  33. "The Graduate Program in Public Health and the Public Health Initiative in Kenya's Turkana Basin" Graduate Program in Public Health Grand Rounds. Co-presented with Melody Goodman and Jewel Stafford. Stony Brook, NY: March 18, 2009.
  34. "Two case studies in Global Health: Matlab, Bangladesh and Illeret, Kenya." Guest Lecture in Global Health 2. Stony Brook University School of Medicine. Stony Brook, NY: March 10, 2009.
  35. "Global Health: A Demographic Look at Infant and Child Mortality." First-Year Medical School Foundations Class – Global Health Symposium. Department of Preventive Medicine. Stony Brook School of Medicine. Stony Brook, NY: February 12, 2009.
  36. "Racial and Ethnic Disparities in US Sleep Patterns." Invited speaker at the University of Pennsylvania's symposium entitled "Population Sleep." Philadelphia, PA: September 26, 2008.
  37. "Sleep and Society: Towards a Research Agenda on the Social Determinants of Sleep." Co-chair of Discussion Group at the annual meetings of the Associated Professional Sleep Society. Baltimore, Maryland: June 9, 2008.
  38. "The Social Determinants of Sleep: Important Research Questions." Sleep Research Society 2008



- Trainee Symposia Series. Invited Lecturer. Baltimore, Maryland: June 8, 2008.
39. "Insomnia, Gender, and Mental Health in NHANES" Co-authoring with D. Phuong Do, Ricardo Basurto, Melonie Heron, Chloe E. Bird, Nicole Lurie, and Brian Finch. Poster presentation at the annual meetings of Academy Health. Washington D.C., June 8-10, 2008.
  40. "Toddler Bedtime Routines and Behavioral, Cognitive, and Health Outcomes." Co-authored with Lawrence M. Berger, Monique LeBourgeois and Jeanne Brooks-Gunn. Poster presentation at the annual meetings of Academy Health. Washington D.C., June 8-10, 2008.
  41. "Insomnia, Gender, and Mental Health in NHANES" Co-authoring with D. Phuong Do, Ricardo Basurto, Melonie Heron, Chloe E. Bird, Nicole Lurie, and Brian Finch. Oral presentation at the annual meetings of the American Sociological Association. Boston, MA: August, 2008.
  42. "Toddler Bedtime Routines and Behavioral, Cognitive, and Health Outcomes." Co-authored with Lawrence M. Berger, Monique LeBourgeois and Jeanne Brooks-Gunn. Accepted for oral presentation at the annual meetings of the Population Association of America in New Orleans, LA: April 17-19, 2008.
  43. "Global Demography and Infant and Child Health." Guest lecture in Global Health Class at State University of New York, Stony Brook School of Medicine. Stony Brook, NY: March 4, 2008.
  44. "Sleep, Health, and Society." Quantitative Methods in the Social Sciences Seminar Series. Columbia University. New York, NY: December 10, 2007.
  45. "Sleep, Health, and Society." Department of Population Health Sciences. University of Wisconsin-Madison. Madison, WI: December 6, 2007.
  46. "What's fair, what's right? Respecting Autonomy in Population Policy." Oral presentation at the "Setting an Ethical Agenda for Health Promotion" conference in Ghent, Belgium. Co-authored and co-presented with Benjamin S. Hale. September 19, 2007.
  47. "Neighborhood Socioeconomic Status and Diet: Examination of the National Health and Nutrition Examination Survey (NHANES) III." Co-authored with Tamara Dubowitz, Melonie Heron, Chloe Bird, Ricardo Basurto, Brian Finch, Lauren Hale, Nicole Lurie, Teresa Seeman, and Jose Escarce. Presented by co-authors at the Society for Epidemiologic Research. Boston, MA. June 2007.
  48. "Racial differences in sleep duration: An analysis of the NHIS." Oral presentation at the annual meetings of the Associated Professional Sleep Society. Co-authored with D. Phuong Do. Minneapolis, MN, June 14, 2007.
  49. "Gender, Neighborhood Air Quality and Allostatic Load." Presented by co-authors as a poster at Academy Health. Co-authored with Chloe Bird, Jose J. Escarce, Brian Finch, Ricardo Basurto, Nicole Lurie, Tamara Dubowitz, Melonie Heron, Lauren Hale, and Teresa Seeman. Orlando, FL, June, 2007.
  50. "Do Differences in Sleep Duration Help Explain Racial Disparities in Health?" Women in Medicine Research Day. School of Medicine, State University of New York, Stony Brook. Honorable Mention. Co-authored with D. Phuong Do. April 18, 2007.
  51. "Which Factors Explain the Reductions in Infant and Child Mortality in Matlab, Bangladesh?" Co-authoring with Julie DaVanzo, Mizanur Rahman, and Abdur Razzaque. Presented as a poster at the annual meetings of the Population Association of America. New York City, 2007.
  52. "Do Differences in Sleep Duration Help Explain Racial Disparities in Health?" NIH Conference on Understanding and Reducing Health Disparities: Contributions from the Behavioral and Social Sciences. Bethesda, Maryland. Monday, October 23, 2006, with Phoenix Do.
  53. "Introduction to Global Demography." Guest lecture in Global Health Class at State University of New York, Stony Brook School of Medicine. October 17, 2006.
  54. "Infant and Child Mortality in Rural Bangladesh." International Health Club Lecture Series. Stony Brook School of Medicine. Stony Brook, New York. October 3, 2006.

55. "Do Sleep Behaviors Contribute to Social Disparities in Health?" Graduate Program in Public Health, Grand Rounds. September 26, 2006.
56. "Strange Bedfellows: Autonomy, Ethics, and The Sleep Of Reason." Society for Applied Philosophy. The Philosophy of Public Health. Annual Conference, Manchester University, UK. July, 2, 2006, with Benjamin Hale.
57. "Birth Spacing and Infant and Child Mortality in Rural Bangladesh." Department of Preventive Medicine Continuing Medical Education, State University of New York, Stony Brook School of Medicine. April 11, 2006.
58. "Sleep and the Inner City: An Analysis of How Race and Neighborhood Context Relate to Sleep Duration in the NHIS." Oral presentation at the annual meetings of the Population Association of America (PAA), 2006, with D. Phuong Do.
59. "The Effects of Pregnancy Spacing on Whether Pregnancies Result in Live or Non-Live Birth Outcomes in Matlab, Bangladesh." Poster presentation at the annual meetings of the Population Association of America (PAA), 2006, with Julie DaVanzo, Abdur Razzaque, and Mizanur Rahman.
60. "Does the Demography of Sleep Contribute to Preexisting Health Disparities?" Presentation to Preventive Medicine Residents. State University of New York, Stony Brook School of Medicine. January 19, 2006.
61. "Demography and Infant and Child Mortality." Guest lecture in Global Health Class at State University of New York, Stony Brook School of Medicine. December 13, 2005.
62. "How to Choose a Research Question." Presentation to Orthopaedic Residents. State University of New York, Stony Brook School of Medicine. October 12, 2005.
63. "Why are Infant and Child Mortality Rates Lower in the MCH-FP Area of Matlab, Bangladesh? Are the Differences due to Differences in Reproductive Patterns?" Presented at the annual meetings of the Population Association of America (PAA), 2005, with Julie DaVanzo, Abdur Razzaque, and Mizanur Rahman.
64. "Low Fertility and Population Aging: Causes, Consequences, and Policy Options." Presented by William Butz at the annual meetings of the Population Association of America (PAA), 2005, with William Butz, Jonathan Grant, Stijn Hoorens, Suja Sivadasan, Mirjam van het Loo, Julie DaVanzo, and Shawna Gibson.
65. "Cumulative Life Experiences and Health in the Wisconsin Longitudinal Study." Presented at the Demography of Aging and the Life Course Seminar Series. University of Wisconsin-Madison. October 20, 2004.
66. "Low Fertility and Population Aging: Causes, Consequences, and Policy Options." Co-presented with Julie DaVanzo. RAND Corporation, Labor and Population Brown Bag Seminar. July 30, 2004.
67. "The Social Determinants of Sleep: An analysis using the Wisconsin Longitudinal Study." Presented as a poster at the annual meetings of the Population Association of America (PAA), Boston, MA. April 1-3, 2004.
68. "The Effects of Birth-spacing on Pregnancy Outcomes and Infant and Child Mortality in Matlab, Bangladesh." Co-authored with Julie DaVanzo, Mizanur Rahman, and Abdur Razzaque. Presented by Julie DaVanzo at the annual meetings of the Population Association of America (PAA), Boston, MA. April 1-3, 2004, and at USAID, Washington D.C. March 30, 2004.
69. "Exploratory Analyses into the Social Correlates of Sleep." RAND Corporation, Labor and Population Brown Bag Seminar. February 20, 2004.
70. "Cumulative Life Experiences, Strength of Emotional Reaction, and Mortality Risk Zones." Presented at the Office of Population Research Seminar. Princeton University, Princeton, NJ. May 27, 2003.

71. "Life Experiences, Emotional Reactivity, and Mortality Risk Zones." Presented at the annual meetings of the Population Association of America (PAA), Minneapolis, MN. May 1-3, 2003.
72. "High School Academic Environment and Admission to Selective Universities." Work with Thomas Espenshade and Chang Chung. Presented at the annual meetings of the Population Association of America (PAA), Minneapolis, MN. May 1-3, 2003.
73. Congress on Sleep, Health, and Aging: Bridging the Gap Between Science and the Bedside. Sponsored by the National Sleep Foundation. March 30-31, 2003. National Academy of Sciences, Washington DC.
74. "Gender and Age-Related Cortisol Reactivity Patterns." Work with Burton Singer, Lisa Soederberg Miller, and Margie Lachman. Presented as a poster at the annual meetings of the Population Association of America (PAA), Atlanta, GA. May 4-6, 2002.
75. Note-taker for conference titled, "Health and Education: Building a Research Agenda," co-sponsored by the Princeton University Center for Health and Wellbeing, MacArthur Network on Socioeconomic Status and Health, and the National Institute of Health. October, 2002.
76. "Tourism and Fisheries Scenarios for the Yucatán Peninsula." Presentation at American Association for the Advancement of Science (AAAS) conference entitled, "Population and Sustainable Development in Latin America." Mérida, México. April, 1997.

## TEACHING EXPERIENCE:

- **Demographic Research and Methods.** Graduate Program in Public Health. State University of New York, Stony Brook. Summers 2007, 2008, 2009, 2010, 2011, and 2012.
- **Social and Behavioral Determinants of Health.** Graduate Program in Public Health. State University of New York, Stony Brook. Summers 2006, 2007, 2008, and 2009. Spring 2010, 2011, and 2012.
- **Capstone Seminar.** Graduate Program in Public Health. State University of New York, Stony Brook. Winter 2007, 2009, 2010, 2011, and 2012.
- **Health Behaviors and Risk Reduction.** Graduate Program in Public Health. State University of New York, Stony Brook. Fall 2005. Summer 2009.
- **Introduction to Clinical Research.** School of Medicine. State University of New York, Stony Brook. Spring 2007. Co-taught with other faculty in the Graduate Program in Public Health.
- Grader for Jean Grossman's WWS515: **Program Evaluation.** Princeton University. Fall 2001.
- Preceptor for two classes per year in Lee Silver's WWS320/MOL320: **Genetics, Reproduction, and Public Policy.** Princeton University. Spring 2000 & 2001. Course Supervisor, Spring 2001.
- Completed graduate-level course on lecturing. Princeton University. Fall 2000.
- Trenton High School tutor. 1999-2000.
- Economics and statistics tutor for the Public Policy Initiative of America Summer Program. Princeton University. Summer 1999.

## ONE-ON-ONE MENTORING

- Stony Brook University Research Assistant, MPH Independent Study or MPH Practicum Students: **Song Gao** (Fall 2005, MPH and Economics PhD student), **Jennifer Jout** (Spring 2006), **Jamie Talan** (Summer 2006 and Fall 2009), **Janet Tholl** (Spring, 2007), **Cecile Ferrando** (Summer, 2007, MPH and MD student), **Anthony Lalonde** (Spring 2008), **Jacqueline Bolta** (Spring 2008), **Joan Schweitzer** (Summer 2008 and Fall 2009), **Alisa Neymark** (Summer 2008, MPH and DDS student), **Josh Ardise** (Fall 2008), **Michael Lamb** (Fall 2008), **Lakshmi Sukumaran** (Fall 2008, MPH and MD student), **Beena Mathaikutty** (Spring 2009, MPH and MD student), **Lindsay Cammarata**

(Spring 2009, MPH and MD student), **Jessica Steier** (Fall 2009 and Spring 2010), **Jessica Braswell** (Fall 2009), **Jeanne Alicandro** (Fall 2010), **Victoria Parente** (Fall 2010, Spring 2011, Fall 2011; Spring 2012; MPH and MD student), **Gwen Phillips** (Fall, 2011, Spring 2012), **Erika Newton** (Spring 2012), **Ariba Hashmi** (Summer 2012), **Matthew Groveman** (Summer 2012); **Dilruba Khanam** (Spring 2012), **Sayyed Hamidi** (Fall 2012), **Kayla Lacci** (Fall 2012), **Allison Kruger** (Summer, Fall, 2012).

- Stony Brook University Population Health and Clinical Outcomes Research (PHCOR) PhD Students: **Lorrie Magee** (Fall 2009-Summer 2011).
- Stony Brook University Undergraduate Students: **Mega Manchanda** (Summer and Fall, 2012)
- Local High School Students: **Emily Khantzes** (Summer, 2012).
- Stony Brook University School of Medicine Students: **Sara Kalkhoran (Berken Fellow)** (Spring 2007-Fall 2007).
- Stony Brook University Thesis Committee in the College of Arts and Sciences: **Kate Stroud** (Psychology, PhD Candidate, Graduated Spring 2009), **Pam Noack** (Economics, PhD Candidate, Graduated Spring 2009), **Frances Aldous-Worley** (Anthropology, MA Candidate, Graduated Spring 2008).
- Other Universities: Thesis Committee: **Lauren Martini** (Columbia University, MPH student, School of Public Health, Spring 2011). **R. Gabriela Barajas** (Columbia University, Doctoral Candidate, Teacher's College, 2010-2011).

## **PROFESSIONAL ORGANIZATIONS:**

Population Association of America  
Sleep Research Society  
Society of Behavioral Sleep Medicine, Founding Member

### **Reviewer for:**

*Adolescent Health, Medicine, and Therapeutics*  
*American Journal of Epidemiology*  
*American Journal of Clinical Nutrition*  
*American Journal of Public Health*  
*Asian Population Studies*  
*Behavioral Sleep Medicine*  
*Child Development*  
*Child Development Perspectives*  
*Developmental Psychology*  
*Ethnicity and Health*  
*Frontiers in Chronobiology and Sleep Medicine (Review Editor)*  
*Greater New York Hospital Association Foundation*  
*Health Education Research*  
*International Journal for Sociology and Anthropology*  
*International Migration Review*  
*Journal of Child Health Care*  
*Journal of Epidemiology and Community Health*  
*Journal of Health and Social Behavior*  
*Journal of Social and Personal Relationships*  
*Journal of Sleep Research*  
*Nature and Science of Sleep*  
*Neuropsychiatric Disease and Treatment*  
*NIH: National Center on Minority Health and Health Disparities (NCMHD) Special Emphasis Panel*

NIH: PRDP Psychosocial Risk and Disease Prevention Ad Hoc Reviewer  
NIH: CASE Cardiovascular and Sleep Epidemiology Ad Hoc Reviewer  
NIH: Reviewer for RFA on Sleep and the Social Environment  
NIH: MESH Mechanisms of Emotion, Stress, and Health Study Section Ad Hoc Reviewer  
Obesity  
Oxford University Press  
SLEEP  
Sleep Medicine  
Sloan Foundation  
Social Science and Medicine  
Social Science Research  
Studies in Family Planning  
Wisconsin Medical Journal

## **PRESS**

Press release from Stony Brook University about my 2011 article in *Pediatrics*. This article was covered on CNN.com and many other radio and news outlets, including being featured on the *Today Show*.

Press release from the National Sleep Foundation and Stony Brook University about the National Sleep Foundations 2011 Sleep in America Poll. I was interviewed by *USA Today*, *Newsday*, *The Boston Globe*, and several other news sites and radio stations.

Press release from Stony Brook University on my 2009 *Journal of Developmental and Behavioral Pediatrics*. This story was picked up by CNN.com among other internet-based news sites.

Press release from the American Academy of Sleep Medicine and Stony Brook University on my 2007 *Sleep* article. The story was picked up by Science Daily, Black Entertainment Television, and Medical News Today among several other internet-based news sites.

Radio Interview with WBAI, 99.5 FM on "Wake-up Call," September 12, 2007.

Press release from Stony Brook University on my 2006 *Studies in Family Planning* article.

## **RESEARCH-RELATED EXPERIENCES:**

1. Forum on Sleep and Child Development. Invited participant. Auburn University. Sponsored by the Society for Research in Child Development. Organized by Mona El-Sheikh and Joseph Buckhalt. April 1-3, 2012. Auburn, AL.
2. Sleep and Social Disparities Workshop. Invited participant and speaker. Sponsored by NHLBI. September 19-20, 2011. Bethesda, MD.
3. Aircraft Noise Induced Sleep Disturbance and Health Study Workshop. Invited participant. Sponsored by NHLBI. August 11, 2011. Bethesda, MD.
4. Early Career Women Faculty Professional Development Seminar. Jointly sponsored by the Association of American Medical Colleges (AAMC) and Harvard Medical School, Department of Continuing Education. Selective Conference for 150 Early Career Women in Medical Schools. July 11-14, 2009. Washington, DC.
5. Public Health Initiative in Turkana Basin, Kenya. Part of a team of Stony Brook University Faculty to visit Richard Leakey's archeological dig site to establish a Public Health Initiative in the area. January, 2009.
6. Sleep and Society. Meeting of the 9<sup>th</sup> Annual Upper Midwest Sleep Society. Madison-Marriott-West Convention Center, Middleton, WI. October 11, 2008.
7. 18<sup>th</sup> Annual Symposium on Health Care Services in New York: Research and Practice. October, 2007.

8. Short course in Biodemography. University of Colorado, Boulder. June, 2007.
9. Visiting researcher at the International Centre for Diarrhoeal Disease and Research, Dhaka, Bangladesh, March, 2004.
10. Health and Neighborhood Characteristics. Project member research team investigating the National Health and Nutritional Examination Survey (NHANES) III and Census Data with Chloe Bird, Jose Escarce, Brian Finch, Nicole Lurie, and Teresa Seeman. 2004-present.
11. Member of three grant-making committees at the Robert Wood Johnson Foundation: the Community and Family Health Team, Fall 2002; the Population Health Team, Fall 2002; and the Public Health Leadership and Capacity Team, Spring 2003.
12. The National Study of College Experience, Project member, Summer 1999-Summer 2003.
13. Workshop on “Analyzing Longitudinal Trajectories Using AMOS and SAS PROC TRAJ.” Harvard University, Radcliffe Institute for Advanced Study. 2002.
14. Wisconsin Symposium on Emotions, Spring 2001, Spring 2002, Spring 2003, Spring 2004, Spring 2006.
15. RAND Summer Institute Demography, Economics, and Epidemiology of Aging Conference and Mini-Medical School, Summer 2000, Summer 2001, Summer 2003, Summer 2004; Recipient of travel award, Summer 2000, Summer 2001. Chair of Saturday afternoon session, 2004.
16. International Institute for Applied Systems Analysis, Laxenburg, Austria, 1996, 1997, & 1999.
  - Studied population and environment interactions in Namibia; focused on marine fisheries and migration; developed a dynamic simulation model with user-friendly graphics, 1997, 1999.
  - Studied population and environment interactions on the Yucatán peninsula, 1996.

### **LEADERSHIP ACTIVITIES:**

- **Sleep, Health, and Society Network**  
Co-founder, 2007-Present
- **Graduate Program in Public Health Curriculum Committee**, SUNY, Stony Brook.  
Chair, 2005-Present.
- **Graduate Student Government**, Princeton University  
Press Secretary, 2001-2002.  
Chair, 2000-2001.  
Social Chair, 1999-2000.
- **Graduate Students for Local Activism**, Princeton University.  
Secretary, 2000.  
Vice-President and Founding Member, 1999.

### **OTHER SERVICE ACTIVITIES:**

- **National Sleep Foundation Research Committee**, National Sleep Foundation, Washington DC,  
Invited Member, 2011-present.
- **Sleep in America Poll Task Force**. National Sleep Foundation, Washington, DC.  
Invited Member, 2010-2011.
- **Graduate Program in Public Health Faculty Search Committee**, SUNY, Stony Brook  
Chair, 2010, 2012.  
Member, 2005, 2007, 2011.
- **Long Island Prevention Research Center**, SUNY, Stony Brook.  
Junior Research Fellow, 2010-Present.
- **Women’s and Gender Studies Program**, SUNY, Stony Brook.  
Member, Executive Committee, 2009-Present.  
Member, Faculty Search Committee, 2009-2010.

- **Population Health and Clinical Outcomes Research (PHCOR) PhD Program**, SUNY, Stony Brook.  
 Member, Pre-Dissertation Proposal Review Committee, 2011-Present  
 Member, Executive Committee, 2010-Present.  
 Member, Curriculum Committee, 2009-Present.
- **Stony Brook School of Medicine, Medical Clerkship Reviewer for the Curriculum Committee**, SUNY, Stony Brook.  
 Reviewer for the Clerkship in Medicine, 2008-2009.
- **Graduate Program in Public Health Awards Committee**, SUNY, Stony Brook.  
 Member, 2008-Present.
- **Harvard College Schools Committee of Long Island** 2007-Present.
- **Graduate Program in Public Health Mistress of Ceremonies at Graduation Ceremony**, SUNY, Stony Brook. 2006, 2007, 2008, 2009, 2010, 2011.
- **Graduate Program in Public Health Admissions Committee**, SUNY, Stony Brook.  
 Member, 2005-Present.
- **Aging, Development and Population Speaker Series**, RAND Corporation.  
 Organizing Committee, 2003-2004; 2004-2005.
- **Princeton University Committees**, Princeton University.  
 University Alumni Council, 2001-2002.  
 Graduate Student Member of the University Presidential Search Committee, 2000-2001. Executive Council of the Association of Princeton Graduate Alumni (APGA), 2000-2001. 2007-2010. Council of the Princeton University Community (CPUC) Member, 2000-2001; 2001-2002. Graduate CPUC Member, 2000-2001; 2001-2002.
- **Woodrow Wilson School PhD Seminar Coordinator**, Princeton University, 1999-2000.
- **Women's Center**, Princeton University.  
 Women Mentoring Community, 2000-2001.  
 Women's Creative Writing Group, 2000.
- **International Institute of Applied Systems Analysis**, Laxenburg, Austria.  
 Member of the Visions Steering Committee, June 1999.
- **Editor/Publisher of the Harvard Environment Network**, Harvard University, 1995-1997. A weekly electronic and hard-copy newsletter with distribution to over 600 Boston-area readers.
- **Undergraduate Council Delegate, Dunster House**, Harvard University, 1995-1997.
- **Publicity Chair, Dunster House Committee**, Harvard University, 1995-1997.